



Enriching the lives of our senior neighbors through friendship, activities, education, nourishment and education.

October 2017 Newsletter

OCTOBER HIGHLIGHTS

- ❖ Wednesday October 4th @ 12:30PM
Divine Services
- ❖ Monday October 9th @ 12:45PM
Garden Club: Grapevine Wreaths
- ❖ Wednesday October 11th @ 12:30PM
Clarify: Credit Cards
- ❖ Friday October 13th @ 12:30PM
Heartland Hospice: Myths of Hospice
- ❖ Wednesday October 18th @ 12:00PM
Birthday Lunch-Grateful Alive
- ❖ Thursday October 19th @ 12:45PM
Memorial Service
- ❖ Friday October 20th @ 12:30PM
Bryn Mawr: Cancer and Lymphedema
- ❖ Monday October 23rd @ 10:00AM
What is Qi Gong?
- ❖ Monday October 23rd @ 12:45PM
Shop Rite: Italian
- ❖ Wednesday October 25th @ 12:30PM
Phoenix PT: Don't let your Joints Freeze on You

GRAND FRIENDS

MON OCT 2: WOOD BOWLS PART 2
 THURS OCT 5: ART / MUSIC OF ITALY
 MON OCT 9: NO GF
 THURS OCT 12: FAIRYTALES OF ITALY
 MON OCT 16: CULTURAL SLIDE SHOW OF ITALY
 THURS OCT 19: CRAFT/ITALY
 MON OCT 23: CUISINE OF ITALY
 THURS OCT 26: NO GF
 MON OCT 30: FAMOUS PEOPLE OF ITALY

REGIONAL PHARMACY
FLU SHOT CLINIC

WEDNESDAY, OCT 18TH
9:30-11:45

SPANISH CLASS ANNOUNCEMENT

EFFECTIVE IMMEDIATELY THERE WILL
NOW BE TWO SPANISH SESSIONS
EVERY TUESDAY

BEGINNER SPANISH 9:30-10:15AM
INTERMEDIATE SPANISH 10:30-11:30AM



MEMORIAL SERVICE

THURSDAY, OCT. 19TH 12:45PM

JOIN US AS WE CELEBRATE THE LIVES OF OUR
WCASC FAMILY & FRIENDS THAT
WENT BEFORE US THIS PAST YEAR



STAFF MEMBERS

| | | |
|----------------|--|--|
| Kathy Sullivan | kathys@wcseniors.org | Executive Director |
| Dan Wilson | danw@wcseniors.org | Executive Assistant |
| Jessica Tipton | jessicat@wcseniors.org | Health & Wellness Coordinator & Fitness Instructor |
| Mia Jones | miaj@wcseniors.org | Kitchen/Meal Supervisor |
| Jim Mobile | IOstudios@aol.com | Technology & Volunteer Coordinator |
| Ellen Donohoe | ellend@wcseniors.org | Director of Development |

INSTRUCTORS

Pearl Burger, Kay Croll, Ray Doyle, Pierina Disciullo, Charlie Eisenfelder, Mark Frison, Wendy Keslick, Leon Parson, Mariane Peppler, Cynthia McGowan, Nancy Thompson, Glee Young.

HEARING CLINICS

- Dr. Judith Curtin, Aud., will be at the Center on Wednesday October 4th & 18th from 10AM-12 PM. Please call the Center at 610-431-4242 to schedule an appointment.
- Mr. Michael Piscotty, Audiologist is available on Monday October 9th & 23rd. Please call Mr. Piscotty at 610-213-1867 or our Senior Center @610-431-4242 to schedule appointments.

SENIOR BENEFITS AND RESOURCES

Senior Food Box Program- As of January 1, 2017 qualified seniors 60 years or older may register for the Chester County Food Bank Senior Food Box Program at the West Chester Area Senior Center.

Qualifications include the following:

1. You must be 60 years or older
2. Must be a resident of Chester County
3. You must have a total household income of the following or less:

| Family Size | Annual Income | Monthly Income | Weekly Income |
|-------------|---------------|----------------|---------------|
| 1 | \$17,800 | \$1,485 | \$343 |
| 2 | \$24,030 | \$2003 | \$462 |

Please bring Photo proof of identity (PA. I.D, Driver's license, V.A. I.D. etc.) Proof of residency.

If you are already in the program, you do not need to sign up at this time.

All new applicants will start receiving the Senior Food Box the second Friday of the following month.

Medicare- APPRISE Medicare counselors are available at WCASC, by appointment, every Wednesday from 10:00 AM to 1:00 PM. If you have questions about Medicare or need help understanding this complex topic, please feel free to make an appointment.

Tax/Rent Rebate- The filing deadline for the 2016 PA Property Tax/Rent Rebate has been expended from June 30, 2017 to Dec 31, 2017.

MEDICARE ANNUAL ELECTION PERIOD OR MEDICARE ANNUAL OPEN ENROLLMENT PERIOD (AOEP) OCTOBER 15 - DECEMBER 7

Help with Medicare is here! The Annual Election Period is October 15 – December 7, 2017. Are you unhappy with your current Medicare coverage? Have you reviewed your Medicare coverage every year? Medicare drug and health plans change annually. Premiums change; fees, copays, coinsurance and deductibles change; drug formularies change. You should review your coverage every year to see if you can obtain better coverage and save money. Any change you make to your Medicare coverage during this time will become effective January 1, 2018.

The Medicare Annual Election Period is the time each year you can do the following:

- Switch your Medicare Part D prescription drug plan or join a Medicare Part D prescription drug plan
- Switch to another Medicare Advantage HMO or PPO
- Switch from a Medicare Advantage Plan back to Original Medicare with or without a Medicare Supplement/Medigap Plan and prescription drug plan
- Review your current coverage and compare your Medicare approved health and drug options

Call and make an appointment with the APPRISE Medicare counselors who can help make a change and guide you in evaluating your options. These counselors are trained and certified by the Commonwealth of Pennsylvania to assist you with free, confidential and independent assessments of health care options under Medicare.

Counselors are available by appointment:

- Thursday, October 26th
- Tuesday, November 14th & Thursday, November 30th
- Tuesday, December 5th

Please call the center to make an appointment – 610-431-4242

NIGHT AT THE RACES

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BRONZE SPONSORS:



Mr. Kerry Greco



Ernie & Claudia Inmon



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DARE
DAVE'S AUTOMOTIVE REPAIR ENTERPRISES

MANY THANKS TO ALL
OUR CURRENT NIGHT
AT THE RACES
SPONSORS!

(Confirmed Sponsor list as of September 27, 2017!)

PLEASE CHECK OUR WEBSITE FOR
DAILY UPDATES

EVENT PATRONS:

Coast to Coast Auto, Inc.
Leslie K. Bair
Mr. & Mrs. William Devenney
Haydon Bolts Inc.
The Hickman
District Attorney Tom Hogan
Hotel Warner
MacLaren Kitchen & Bath
Mr. & Mrs. Stephen J. Quigley
George & Arlene Rengert
Russell & Irene Rickert
Swope Lees Commercial Real Estate
Thomas Comitta Associates, Inc.
Victory Brewing Company
Wusinich & Brogan



SATURDAY, NOVEMBER 4TH

6:30 PM-10:30 PM

at The Senior Center


*\$60 per person- Casual Affair- First Horse Included

*\$100 special—1 Event Entry, 10 - Raffle tickets and 10 - 50/50 tickets

*WCASC members do get a \$10 discount on these offers

Beer, Wine & Local Restaurant Food & Dessert Selection Included

PROGRAMS –OCTOBER 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| 8:00 Breakfast 9:00 Pinochle 2 9:30 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class 11:15 Bingo/Silver Sneakers Classic 12:00 Lunch 12:30 Bridge 1:00 Grand Friends | 8:00 Breakfast 9:30 Low Impact Aerobics 3 9:30 Beginning Spanish 10:00 Nurse 10:30 Intermediate Spanish Class 10:30 Healthy Steps in Motion 10:30 Current Events 11:30 Yoga 12:00 Lunch 12:45 Knitting 12:45 French | 8:00 Breakfast 9:00 Pinochle 9:00 Silver Sneakers Cardio Circuit 4 9:30 Blood Pressure 9:45 Stretching 10:00 German Club 10:30 Arthritis Exercise Class 11:15 Bingo 11:15 Silver Sneakers Classic 12:00 Lunch 12:30 Bingo 12:30 DIVINE SERVICES 12:45 Pinochle | 8:00 Breakfast 9:30 Low Impact Aerobics 5 9:30 Blood Pressure 10:00 Art Club— Come meet Nancy! 10:00 Tablet & Cell Phone 10:15 Healthy Steps in Motion 11:15 Tai Chi 12:00 Lunch 12:30 Bridge 1:00 Chorus 1:00 Grand Friends | 8:00 Breakfast 8:00 Poker 6 9:00 Pinochle 9:30 Brain Aerobics 10:30 Arthritis Exercise Class 11:15 Silver Sneakers Classic 11:15 Bingo 12:00 Lunch 12:45 Bingo/ Pinochle/Crafts |
| 8:00 Breakfast 9:00 Pinochle 9 9:30 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class 11:15 Bingo/Silver Sneakers Classic 12:00 Lunch 12:30 Bridge 12:45 GARDEN CLUB | 8:00 Breakfast 9:30 Low Impact Aerobics 10 9:30 Beginning Spanish 10:00 Nurse 10:15 Spanish Class 10:30 Healthy Steps in Motion 10:30 Intermediate Spanish Class 10:30 Current Events 11:30 Yoga 12:00 Lunch 12:45 Knitting 12:45 French | 8:00 Breakfast 9:00 Pinochle 9:00 Silver Sneakers Cardio Circuit 11 9:30 Blood Pressure 9:45 Stretching 10:00 German Club 10:30 Arthritis Exercise Class 11:00 Sen Dinniman Constituent Outreach 11:15 Bingo 11:15 Silver Sneakers Classic 12:00 Lunch 12:30 Bingo 12:30 CLARIFI 12:45 Pinochle | 8:00 Breakfast 9:30 Low Impact Aerobics 12 9:30 Bible Study 9:30 Blood Pressure 10:00 Art Club — Come meet Nancy! 10:00 Art Appreciation 10:15 Healthy Steps in Motion 11:15 Tai Chi 12:00 Lunch 12:30 Bridge 1:00 Chorus 1:00 Grand Friends | 8:00 Breakfast 8:00 Poker 13 9:00 Pinochle 9:30 Brain Aerobics 10:30 Arthritis Exercise Class 11:15 Silver Sneakers Classic 11:15 Bingo 12:00 Lunch 12:30 HEARTLAND HOSPICE 12:45 Bingo 12:45 Pinochle 12:45 Crafts |
| 8:00 Breakfast 9:00 Pinochle 16 9:30 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class 11:15 Bingo/Silver Sneakers Classic 12:00 Lunch 12:30 Bridge 1:00 Grand Friends | 8:00 Breakfast 9:30 Low Impact Aerobics 17 10:00 Nurse 10:15 Spanish Class 10:30 Healthy Steps in Motion 10:30 Intermediate Spanish Class 10:30 Current Events/Computer Q&A 11:15 Planning Council 11:30 Yoga 12:00 Lunch 12:45 Knitting 12:45 French | 8:00 Breakfast 9:00 Pinochle 9:00 Silver Sneakers Cardio Circuit 18 9:30 Blood Pressure 9:45 Stretching 10:00 German Club 10:30 Arthritis Exercise Class 11:15 Bingo/Silver Sneakers Classic 12:00 BIRTHDAY LUNCH 12:30 Bingo 12:45 Pinochle  | 8:00 Breakfast 9:30 Blood Pressure 19 9:30 Low Impact Aerobics 10:00 Art Club— Come meet Nancy! 10:00 Photo Club 10:15 Healthy Steps in Motion 11:15 Book Club Classic 11:15 Tai Chi 12:00 Lunch 1:00 Chorus 12:30 Bridge TBA-Grand Friends MEMORIAL SERVICE @ 12:45PM | 8:00 Breakfast 8:00 Poker 20 9:00 Pinochle 9:30 Brain Aerobics 10:30 Arthritis Exercise Class 11:15 Silver Sneakers Classic 11:15 Bingo 12:00 Lunch 12:30 BRYN MAWR REHAB 12:30 Bingo/Pinochle/Crafts |
| 8:00 Breakfast 9:00 Pinochle 23 9:30 Silver Sneakers Cardio 10:30 Arthritis Exercise Class 10:00 WHAT IS QI GONG? 11:15 Bingo/Silver Sneakers Classic 12:00 Lunch 12:30 Bridge 12:30 Bingo 12:45 SHOPRITE 1:00 Grand Friends | 8:00 Breakfast 9:30 Low Impact Aerobics 24 9:30 Beginning Spanish 10:00 Nurse 10:15 Spanish Class 10:30 Healthy Steps in Motion 10:30 Intermediate Spanish Class 10:30 Current Events/Computer Q&A 11:30 Yoga 12:00 Lunch 12:45 Knitting 12:45 French | 8:00 Breakfast 9:00 Silver Sneakers Cardio Circuit 25 9:00 Pinochle 9:30 Blood Pressure 9:45 Stretching 10:00 German 10:30 Arthritis Exercise 11:15 Bingo/Silver Sneakers Classic 12:30 Bingo 12:30 Regular Book Club 12:45 Pinochle 12:45 PHOENIX PT 1:00 PARKINSON'S SUPPORT | 8:00 Breakfast 9:30 Blood Pressure 26 9:30 Low Impact Aerobics 10:00 Art Club— Come meet Nancy! 10:15 Healthy Steps in Motion 11:15 Tai Chi 12:00 Lunch 12:30 Bridge 1:00 Chorus | 8:00 Breakfast 8:00 Poker 27 9:00 Pinochle 9:30 Brain Aerobics 10:30 Arthritis Exercise Class 11:15 Silver Sneakers Classic 11:15 Bingo 12:00 Lunch 12:30 Bingo 12:30 Pinochle/Crafts |
| 8:00 Breakfast 9:00 Pinochle 30 9:30 Silver Sneakers Cardio 10:30 Arthritis Exercise Class 11:15 Bingo/Silver Sneakers Classic 12:00 Lunch 12:30 Bridge 12:30 Bingo 1:00 Grand Friends | 8:00 Breakfast 9:30 Low Impact Aerobics 31 9:30 Beginning Spanish 10:00 Nurse 10:15 Spanish Class 10:30 Healthy Steps in Motion 10:30 Intermediate Spanish Class 10:30 Current Events/Computer Q&A 11:30 Yoga 12:00 Lunch 12:45 Knitting 12:45 French | REGULAR BOOK CLUB WEDNESDAY, OCT. 25TH @ 12:30 DREAM LOVER BY ELIZA BERG | CLASSIC BOOK CLUB THURSDAY, OCT. 19TH @ 11:15 INCIDENTS IN THE LIFE OF A SLAVE GIRL BY HARRIET JACOBS | |

MENU –OCTOBER 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| 2 ROASTED PORK LOIN W/ GRAVY WHIPPED POTATOES W/CHIVES SLICED CARROTS SPICE CAKE W/ ICING | 3 BAKED ZITI W/MEATBALLS CAESAR SALAD TROPICAL FRUIT SALAD | 4 BREADED CHICKEN CUTLET AU GRATIN POTATOES SWEET PEAS MANDARIN ORANGES | 5 MUSHROOM SWISS BURGER CREAMY CAULIFLOWER SOUP W/CRACKERS FRESH SEASONAL FRUIT | 6 BAKED SALMON W/TERIYAKI GLAZE BROWN RICE BROCCOLI PINEAPPLE TIDBITS |
| 9 SWEDISH TURKEY SWEETIES BUTTER BOWTIES BROCCOLI & CARROTS FRESH SEASONAL FRUIT | 10 BBQ BEEF RIBETTE CHEESY HASH BROWNS GREEN BEANS SLICED PEACHES | 11 BAKED HAM W/RAISIN SAUCE WHIPPED SWEET POTATOES CAULIFLOWER MIXED FRUIT SALAD | 12 CHICKEN PHILLY PITA CREAMY POTATO SOUP W/CRACKERS PITA BREAD BLUSHED PEARS | 13 BREADED LEMON PEPPER POLLOCK WILD RICE CREAMY COLESLAW APPLESAUCE |
| 16 PORCUPINE BALL GARLIC WHIPPED POTATOES CORN CINNAMON APPLES | 17 BBQ CHICKEN BREAST SCALLOPED POTATOES SWEET & SOUR COLESLAW BROWNIE | 18 BIRTHDAY LUNCH BEEF BRASCIOLE  MASHED POTATOES COIN CARROTS BIRTHDAY CAKE & ICE CREAM | 19 TOMATO & WHITE WINE BRAISED CHICKEN THIGH RICE PILAF MIXED BEAN MEDLEY FRESH SEASONAL FRUIT | 20 BREADED FISH SANDWICH MACARONI & CHEESE STEWED TOMATOES SLICED PEARS |
| 23 BURGUNDY BEEF W/MUSHROOMS EGG NOODLES BROCCOLI & CARROTS MIXED FRUIT SALAD | 24 CHICKEN & WHITE BEAN CHILI TOSSED SALAD BAKED POTATO MANDARIN ORANGES | 25 PIZZA BURGER SWEET POTATO BITES CREAMY COLESLAW SHERBET | 26 CENTER CUT PORK CHOP WHIPPED POTATOES W/CHIVES BRAISED RED CABBAGE APPLE CRANBERRY CRISP | 27 BAKED CRAB CAKE CHEESY SHELLS SWEET PEAS TROPICAL FRUIT |
| 30 POT ROAST BAKED POTATO SLICED CARROTS SUGAR COOKIE | 31 GHOSTLY CHILI ANT & FINGER SALAD HOCUS POCUS JUICE SPOOKY PUMPKIN POTION | <div style="border: 1px solid black; background-color: #c8e6c9; padding: 10px; display: inline-block;"> <p style="margin: 0;">PLEASE SIGN UP 3 DAYS IN ADVANCE</p> </div> | | |

OCTOBER BIRTHDAY PARTY WEDNESDAY, OCTOBER 18, 2017

ENTERTAINMENT WILL BE PROVIDED BY "THE GRATEFUL ALIVE"

THIS MONTH'S BIRTHDAY LUNCH IS SPONSORED BY



1-October

Kathryn Anderson
Troy Willis
Asa McCollum

2-October

Judith Heringslake
Merlace Hubickey
Matilda Oleykowski
Ed Edleman

3-October

Stan Johnson

4-October

Eileen Cornell
Doris Loftus
John Doyle

5-October

Joan Barraclough
Betty Middleton
Catherine Carroll

7-October

Daniel Berliner
Mary Shaw

8-October

Lydu Trudeau
Bernard Klaverkamp

9-October

Beatrice Rucker
William Cosgrove
Joan O'Connor

10-October

Glenn Smith
Dorothy Milhous

Maureen Mason

11-October

Eleanor Wengiel
Catherine Dougherty
Igina Dilallo

12-October

Virginia Lamond
Martha Coyle
Nancy Magee
Lily Weisberg

13-October

Hisako Jennings
Dorcas Weist

14-October

Kenneth Emerson
Vincent Herr
Arthur Diarcangelo
Mary Ann Wallace

15-October

Constance Mouser

17-October

William Jones
Dan Karney
Scott Bond
Claudina Durante

18-October

Thomas Rodgers
Dorothy Brewer

19-October

Joan Lappin
Emma Holtsberry

20-October

Mary Clementi
Joseph Perricone
Diana Liberi

21-October

Jack Fabe
Dana Hawa
Linda Levine

22-October

Robert Stevenson

23-October

Carol Guiseppa
Ronald Holtsberry
Susan Griffith
Sandra Vondeling
Rose Cavalieri

24-October

Lorraine Hamel
Joan Pennell

25-October

Peter Cavaliere
George Fieo
Betty Kropp
Richard Scully

Angela Haris

26-October

John Turner
Leslie Bair
Ann Marie Grandizio
Esther Henry
Mary Bleecker
Karen Rothenbuhler
Vincent Marchiafava
Nancy Logue

27-October

Norman Ricker
Marie Stull
Herbert Jahnle

28-October

Irene Moyer
Diane Skuzinski
Victoria Smith
Clarence Evans

29-October

Pauline Johnson
Thom Clapper
Adele Gervasoni
Florence Jackson

30-October

Carroll Household
Esther Rech

31-October

Catherine Smith
Joyce Nolan
Jennifer Seaver

UnitedHealthcare serves millions of people from their earliest years through their working lives and into retirement. What unites us is our mission to help people live healthier lives and make the health system work better for everyone.

They are working to create a system that is connected, aligned and more affordable for all involved. One that delivers high quality care, responsive to the needs of each person and the communities in which they live. We are also partnering with care providers, collaborating in new ways to improve patient care.



PROGRAMS & ACTIVITIES OFFERED
AT THE WEST CHESTER AREA SENIOR CENTER

Art Appreciation

Art Appreciation is the 2nd Thursday of every month @ 10am,

Art Club

Art Club meets every Thursday at 10am, with our new instructor Nancy Thompson!

Arthritis Foundation Exercise Class -

This class is held Mondays, Wednesdays, and Fridays at 10:30.

Bible Study Group -

This non-denominational group meets every 2nd and 4th Thursdays at 9:30AM

Bingo -

Mondays, Wednesdays and Fridays starting at 11:15 & 12:30

Blood Pressure Checks -

Wednesdays at 9:30 -11:30 with Maryam Sewell.

Book Club Classic -

The book club meets on the 3rd Thursday of every month at 11:15AM.

Book Club Regular -

The book club meets on the 4th Wednesday of each month at 12:30

Brain Aerobics -

Join us for a variety of games and brain exercises to help keep your mind fit on Fridays at 9:30 AM.

Bridge -

The Bridge group meets on Mondays and Thursdays from 12:30 -3PM. Please join the group.

Bucket Drumming -

“Rhythm of Life”

The Bucket Buddies meet every Monday at 12:45! For questions please contact Jim Mobile.

Chorus-

The Sunshine Chorus meets Thursday @1 PM.

Computer Forum -

Please join the Computer Forum every 3rd Thursday at 1PM.

Charlie Eisenfelter is the instructor for this program.

Computer Q & A -

Computer Q & A is every Tuesday at 10:30 with Jim Mobile.

Craft Club -

Crafters meet Fridays at 12:45 PM. No Experience needed. Pearl Burger is the group leader for this program.

Current Events -

This group meets on Tuesdays at 10:30 AM.

French Club (Elementary) -

Tuesdays @ 12:45 PM with Cynthia Teer.

German Club -

The German club meets on Wednesdays at 10 AM.

Garden Club

Hardy Perennials -
The garden club lead by the Penn State Extension Master Gardeners meets 2nd Monday monthly at 12:45 PM Join the group, it's always fun!

Healthy Steps in Motion -

These classes, on Tuesdays and Thursdays at 10:15, focus on flexibility, strength, balance, and fall prevention.

IPad Club -

IPad Club meets the first Thursday of the month at 10 AM

Italian Club -

The Italian Club meets on Mondays at 10:30 AM

Knitting and Crocheting Club -

The “knitwits” meet Tuesdays at 12:45. Come and share ideas, learn something new, or just have fun!

Low Impact Aerobics -

This class is held on Tuesdays and Thursdays at 9:30.

Nurse -

Neighborhood Health Agencies, Inc. comes to the Center for free blood pressure screenings on Tuesdays at 10:00

Parkinson's Support

Group- Last Wednesday of each month at 1:15 PM. This program is coordinated by Neighborhood Health Agencies.

Photography Club -

The Photo Club meets the 3rd Thursday of the month @ 10AM

Poker -

Poker players meet on Fridays @ 8:00AM in the card room.

Pinochle -

Pinochle players meet on Wednesdays and Fridays. Instruction is available.

SilverSneakers Cardio Circuit

Cardiovascular Exercise is the highlight of this Class offered on Mondays and Wednesdays at 9:30 AM.

SilverSneakers Classic -

This class is offered on Mondays and Wednesdays and Fridays at 11:15.

Spanish Class -

This class meets on Tuesdays
Beginner Spanish 9:30-10:15am
Intermediate Spanish 10:30-11:30am

Stretching Class- New!!

This class meets on Wednesdays at 9:45

Tai Chi for Arthritis-

Based on Sun style Tai Chi and it has a healing component improving mobility and balance. The class is offered on Thursdays at 11:15 AM.

Technology Assistance-

Please contact Jim Mobile at 610-431-4242 to schedule an appointment with him if you need help with computers, tablets or cell phones.

Yoga -

Yoga is held on Tuesdays at 11:30 AM.

WEST CHESTER AREA
SENIOR CENTER

530 East Union Street
West Chester, PA 19382

Phone (610) 431-4242
Fax (610) 429-9296
Check us out on the web!
www.wcseniors.org

*Enriching the lives of our senior
neighbors through friendship,
education, activities, and nourishment*

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West Chester, PA

United Way Member Agency



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WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin.

The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement.

