



Enriching the lives of our senior neighbors through friendship, activities, education, nourishment and education.

NOVEMBER 2021 NEWSLETTER

WCASC is proud to announce that we have now surpassed distributing OVER 180,000 MEALS to our seniors!

That's right! Since COVID-19 forced our closure in March 2020, we've sourced, sorted, organized, and distributed **MORE THAN FIVE TIMES** the food we served the year prior to hundreds of seniors in need in our community!

In addition to our ongoing Food Distribution program, we also continue to offer virtual programming and support to our seniors in many different ways. Among many other things, we've successfully raised significant capital funds to enable us to make several improvements and upgrades inside of our building including installation of all new floors, state of the art air purifiers, automatic no-touch door openers (just wave your hand!), plexiglass dividers, and automatic no-touch lighting, sinks, soap dispensers, and bathroom fixtures.

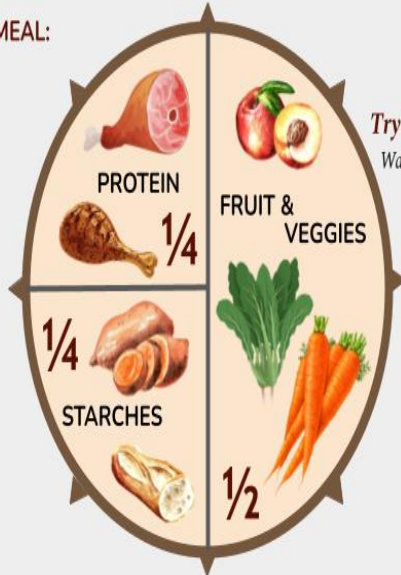
THE COVID-19 Delta variant's significant spike in Chester County that still has us in the "High" transmission category has caused us to delay our previously hoped for reopening but we are still hoping to welcome you back soon.

STAY TUNED TO OUR WCASC FACEBOOK PAGE!

Healthy Thanksgiving

TIPS FOR ENJOYING YOUR MEAL:

- ❖ Eat slowly
- ❖ Stay hydrated
- ❖ Get active!



Try to avoid overeating...

Wait a few minutes after you finish what's on your plate before getting another.

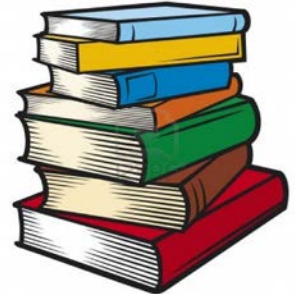
DESSERT



1 SERVING

Second Reading I is looking for volunteers for Wednesday shifts and Second Reading II is looking for volunteers for Monday shifts.

**If interested please email Ann Marie Moore
secondreading2@gmail.com
THANKS!!**



NOT YOUR GRANDMOM'S MISO POTATOES

1 1/2 LB. BABY YUKON GOLD POTATOES
1/4 CUP MORTON KOSHER SALT
4 TBSP. UNSALTED BUTTER
2 TBSP. RED MISO
1 GARLIC CLOVE, FINELY CHOPPED
1 TBSP. SEASONED RICE VINEGAR
2 TBSP. CHOPPED PARSLEY
FRESHLY GROUND BLACK PEPPER



PREPARE A GRILL FOR MEDIUM-HIGH HEAT. BRING POTATOES, SALT, AND 1-QUART WATER TO A BOIL IN A MEDIUM SAUCEPAN OVER MEDIUM-HIGH HEAT. REDUCE HEAT AND SIMMER UNTIL TENDER, 12–14 MINUTES; DRAIN. GRILL POTATOES, TURNING OFTEN WITH TONGS, UNTIL LIGHTLY CHARRED, 6–8 MINUTES. MEANWHILE, SET A MEDIUM SKILLET, PREFERABLY CAST IRON, ON GRILL. PLACE BUTTER AND MISO IN SKILLET AND COOK, STIRRING, UNTIL BUTTER IS MELTED AND MIXTURE IS SMOOTH, ABOUT 2 MINUTES. REMOVE FROM HEAT; STIR IN GARLIC AND VINEGAR. SEASON WITH PEPPER. TRANSFER POTATOES TO SKILLET, BREAKING SOME IN HALF WITH TONGS. TOSS TO COAT IN MISO BUTTER. ADD PARSLEY; TOSS AGAIN.

YOUR GENEROSITY NEVER CEASES TO AMAZE US!

2021 NIGHT AT THE RACES

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HUNGER**



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HAVE YOU HEARD ABOUT OUR "CORNER CABINET" YET???
IT'S OUR NEWLY COMPLETED PERMANENT FOOD DISTRIBUTION CENTER!



THANKS TO ALL OF OUR SENIOR EMERGENCY FOOD PROGRAM SUPPORTERS



United Way
of Chester County

"GIANT" TOM DARLINGTON

**SHARON GRANT
JOE DeNOFIO**

JOE & SYLVIA HARTMAN

**CHURCH OF THE LOVING
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CONNIE & BILL AMEND

ANDREA NAPOLI OF KELLER WILLIAMS BRANDYWINE VALLEY

BERNIE COLEY

ELIZABETH FACCIOLO & GREG GERRISH

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WAWA

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WCU FRIARS & ABBEYS

WHITFORD INSURANCE NETWORK, INC.

W.W. SMITH CHARITABLE TRUST

WEST CHESTER AREA SENIOR CENTER EMERGENCY FOOD DRIVE

*Help Take a bite out of
Hunger and Donate Today*

WE ARE IN NEED OF THE
FOLLOWING ITEMS:
NO GLASS

- CANNED CHICKEN/TUNA
- CANNED/CUP FRUITS
- CEREAL
- PEANUT BUTTER
- MAC & CHEESE
- BOXED STUFFING
- SOUP

Contact Dan Wilson
@ danw@wcseniros.org
to set up a donation delivery time.



www.wcseniros.org



610-431-4242



530 East Union St.
West Chester, PA 19382

HAVE YOU JOINED US ON WEDNESDAY'S FOR OUR DRIVE UP FOOD
DISTRIBUTION???

WELL WHAT ARE YOU WAITING FOR?

COME OUT AND GRAB SOME DELICIOUS AND NUTRITIOUS FOOD FROM
9:30-11:30 EVERY WEDNESDAY, BARRING SNOW OR ICE!

NOVEMBER BIRTHDAYS

1-November	9- November	18- November
Fu Chen	Virginia Gillespie	Diane Campbell
2- November	10- November	19- November
Barbara Tillman	Jeanne Hillenbrand	Jean Keiser
3- November	George Morton	Jean Gallagher
Karin Bergesen	11- November	20- November
Carol Gunsaulus	Diane Lynn	Witi Okpaku
Sharon Paquet	Tina Rutan	Linda Shallack
William Yeager	12- November	Barbara Pfister
Maureen McGovern	Carmellina McDonald	22- November
4- November	13- November	Richard Coyle
Camille Crisanti	Elwood Gotshall	Marjorie Fromnic
Rita DeSimone	Joan Stanley-Lentz	23- November
5- November	Jean Podgorski	Rosemary Dazio
Ray Tauber	Sue Chen	Carol White
Roger Braun	William Ballantyne	24- November
Elsi Lekich	14-Nov	Jesse Pennypacker
Shuggi Ahmad	Carolyn Fendt	25- November
Susan Harris	Linda Clay	Mari Killian
6- November	15-November	B. Jo Nosakhene
Amy Balian	Barbara Williams	Christopher Palmer
Janet Prince-Soto	Rosemarie Rubino	Conrad Murphy
Joaquin Vega-Diaz	Herbert Hoffritz	27- November
7- November	17- November	Evelyn Rimel
Betty Appleby	Jack Lauber	29- November
8- November	Sue Greenberg	Thomas Darlington
Suzanne McIntyre	Roger Clark	
Sandra McLaughlin	Martha Carle	

WEST CHESTER AREA
SENIOR CENTER

530 East Union Street West Chester, PA 19382

Phone (610) 431-4242
Fax (610) 429-9296

Check us out on the web! www.wcseniors.org

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friendship, education, activities, and nourishment*

Non-Profit

Organization

US Postage Paid

Permit # 77

West Chester, PA

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WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin.

The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement.

