



# HELLO, SUMMER

## JUNE 2022 NEWSLETTER

*Enriching the lives of our senior neighbors through friendship, activities, education, nourishment and education.*

**Summer is here and your local WCASC is open for all of your needs! We are happy to see all of your smiling faces for coffee, lunch, exercise and activities!**

**We have exciting news to share with you regarding the Corner Cabinet! We WILL BE CHANGING THE SCHEDULE FOR THE CABINET AS OF MONDAY, JUNE 6<sup>th</sup>.** We will remain the same through and including through Thursday, June 2....but then beginning June 6, we will shift to **WEDNESDAYS 10 AM – 1 PM ONLY**. You will now be able to shop weekly!!

**LUNCH IS SERVED Monday through Friday** and they are delicious! If you would like to sign up we need to know the week prior for the following week. Please sign up at the front desk.

Many programs are already on a roll but we are looking for folks to lead groups. If you know of anyone that is interested, please contact the Senior Center. We are looking for German, Italian, Art and more great ideas.

If you have not been in to complete your membership form, CoPilot form and NAT-E form, please remember to grab them at the front desk. We need all forms to be completed and returned by all of our members. We appreciate you getting these necessary forms back to the Center in a timely fashion.

**Please stay home if you are not feeling well. We want to keep everyone as safe as possible. We want you all to enjoy the Senior Center safely without the spread of sickness.**

# West Chester Senior Center Updates

## **CORNER CABINET UPDATES:**

- **WCASC REGISTRATION COMPLETION IS REQUIRED** FOR ALL before any shopping! Registration may be completed in our Front Lobby during normal operating hours. Everyone MUST sign in to the Center & to the Corner Cabinet EACH visit!
- Please know that the Corner Cabinet and its many offerings are offered to you for FREE due to the generosity, time and care of our many in our community. Additionally, the Cabinet is coordinated by a caring group of volunteers working alongside our very small staff. THANK YOU for respecting the guidelines set forth and please let our valued volunteers know that you appreciate all of their efforts to help everyone!
- Inside shopping will be offered ONLY during listed days and times for REGISTERED MEMBERS/PARTICIPANTS. Please visit our Facebook page for most current updates.
- Our “Corner Cabinet” is here for your supplemental food, not your full grocery list. We are able to offer whatever we have each week and in varying quality limits.
- Please understand that all supplies are limited and we will set up maximum allotments for each item based on supply as we work to fairly and equitably serve everyone each week! This pertains to both “people food” and dog and cat food.
- **LUNCH IS SERVED!** Lunch will be a nutritionist planned 1/3 RDA meal with a prepared in-house here and offered each weekday to those who reserve a week ahead. A voluntary \$2/lunch donation is asked for registrants who are 60 & older; for registrants under 60, pre-registration and a payment of \$5.53 is due to WCASC prior to/during lunch.

## **Additional Resources That May Be Helpful to You for You for Your Food Support: West Chester Food Cupboard**

431 S. Bolmar Street  
West Chester, PA 19382



As of 5/26/2022, their posted hours are as follows:

Tuesday 8:30-11:30 AM

Wednesday 2:00-6:00PM

Thursday 8:30-11:30 AM

Saturday 8:30 – 11:30 AM

Please check them out online at:

[www.westchesterfoodcupboard.org](http://www.westchesterfoodcupboard.org)

And or by calling them at 610-344-3175

Additionally, please note they have eligibility guidelines.

## **Salvation Army in West Chester, PA**

101 East Market Street  
West Chester, PA 19380

As of 5/26/2022, there posted hours are as follows:



## **West Chester Senior Center BOOKSTORES!**

- All Hardback Fiction will be 50 % off.
- Second Reading II will begin their summer reading program. It will begin June 14 and it will end August 16. More information will be at the store and on our website soon.
- We will be at the Rustin High School Book sale Tuesday 05/31, Wednesday – Friday 06/01-06/03 and Monday 06/06. Time 8:00 AM-2:00 PM.

## JUNE 2022 ACTIVITIES AND PROGRAMS

Monday	Tuesday	1-Wednesday	2- Thursday	3- Friday
		Continental Breakfast / Socialization 9:00- Villanova Nursing Students <b>9:30 – 11:30 – Corner Cabinet</b> <i>9:30- Level Three Fitness Class</i> 10:30- Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class <b>NOON: Lunch</b> 12:45Knitting and Crocheting Club	Continental Breakfast / Socialization 9:30-Level Three Fitness Class <b>11:00-1:00- Corner Cabinet</b> 10:30- Level Two Fitness Class 10:30- French 10:30- Quilting Club 11:30 – Level One Fitness Class <b>NOON – Lunch</b> 12:45 Rumikub	Continental Breakfast / Socialization 10:00- Corn hole <b>NOON- Lunch</b> 1:00-2:00- Q&A Technology
<b>6</b> Continental Breakfast / Socialization 9:00- Villanova Students 9:30 - Level Three Fitness Class- 10:30-Level Two Fitness Class 10:30 - Bingo 10:30-Current Events 11:30Level One Fitness Class <b>NOON- Lunch</b> 12:00-1:30 Computer Q & A 12:45 Group Games	<b>7</b> Continental Breakfast / Socialization 9:30 - Cardio Interval 10:30- Level Two Fitness Class 10:30 -Beginners Spanish Class 10:30- Stretching 11:00- Corn hole 11:30 Level One Fitness Class <b>NOON- Lunch</b>	<b>8</b> Continental Breakfast / Socialization 9:00- Villanova Nursing Students <b>10:00 – 1:00 – Corner Cabinet</b> <i>9:30- Level Three Fitness Class</i> 10:30- Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class <b>NOON: Lunch</b> 12:45Knitting and Crocheting Club	<b>9</b> Continental Breakfast / Socialization 9:30-Level Three Fitness Class 9:30- Bible Study 10:30- Level Two Fitness Class 10:30- French 10:30- Quilting Club 11:30 – Level One Fitness Class <b>NOON- Lunch</b> 12:45 Rumikub	<b>10</b> Continental Breakfast / Socialization 10:00- Corn hole <b>NOON- Lunch</b> 1:00-2:00- Q&A Technology
<b>13</b> Continental Breakfast / Socialization 9:00 - Villanova Students Presentation 9:30 - Level Three Fitness Class- 10:30-Level Two Fitness Class 10:30 - Bingo 10:30-Current Events 11:30Level One Fitness Class <b>NOON- Lunch</b> 12:00- 1:30 Computer Q & A Group Games 12:45	<b>14</b> Continental Breakfast / Socialization 9:30 - Cardio Interval 10:30- Level Two Fitness Class 10:30 -Beginners Spanish Class 10:30- Stretching 11:00- Corn hole 11:30 Level One Fitness Class <b>NOON- Lunch</b>	<b>15</b> Continental Breakfast / Socialization 9:00- Villanova Nursing Students <b>10:00 – 1:00 – Corner Cabinet</b> <i>9:30- Level Three Fitness Class</i> 10:30- Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class NOON: Lunch 12:45Knitting and Crocheting Club	<b>16</b> Continental Breakfast / Socialization 9:30-Level Three Fitness Class 10:30- Level Two Fitness Class 10:30- French 10:30- Quilting Club 11:30 – Level One Fitness Class <b>NOON- Lunch</b> 12:45 Rumikub	<b>17</b> Continental Breakfast / Socialization 10:00- Corn hole <b>NOON- Lunch</b> 1:00-2:00- Q&A Technology
<b>20</b> Continental Breakfast / Socialization 9:00- Villanova Students Presentation 9:30 - Level Three Fitness Class- 10:30-Level Two Fitness Class 10:30 - Bingo 10:30-Current Events 11:30Level One Fitness Class <b>NOON- Lunch</b> 12:00- 1:30 Computer Q & A Group Games 12:45	<b>21</b> Continental Breakfast / Socialization 9:30 - Cardio Interval 10:30- Level Two Fitness Class 10:30 -Beginners Spanish Class 10:30- Stretching 11:00- Corn hole 11:30 Level One Fitness Class <b>NOON- Lunch</b>	<b>22</b> Continental Breakfast / Socialization 9:00- Villanova Nursing Students <b>10:00-1:00 – Corner Cabinet</b> <i>9:30- Level Three Fitness Class</i> 10:30- Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class <b>NOON: Lunch</b> 12:45Knitting and Crocheting Club	<b>23</b> Continental Breakfast / Socialization 9:30-Level Three Fitness Class 9:30- Bible Study 10:00-1:00- Corner Cabinet 10:30- Level Two Fitness Class 10:30- French 10:30- Quilting Club 11:30 – Level One Fitness Class <b>NOON-Lunch</b> 12:45 Rumikub	<b>24</b> Continental Breakfast / Socialization 10:00- Corn hole <b>NOON- Lunch</b> 1:00-2:00- Q&A Technology
<b>27</b> Continental Breakfast / Socialization 9:00- Villanova Students Presentation 9:30 - Level Three Fitness Class- 10:30-Level Two Fitness Class 10:30 - Bingo 10:30-Current Events 11:30Level One Fitness Class <b>NOON- Lunch</b> 1:30- Computer Q & A Group Games 12:45	<b>28</b> Continental Breakfast / Socialization 9:30 - Cardio Interval 10:30- Level Two Fitness Class 10:30 -Beginners Spanish Class 10:30- Stretching 11:00- Corn hole 11:30 Level One Fitness Class <b>NOON- Lunch</b>	<b>29</b> Continental Breakfast / Socialization 9:00- Villanova Nursing Students <b>10:00-1:00 – Corner Cabinet</b> <i>9:30- Level Three Fitness Class</i> 10:30- Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class <b>NOON: Lunch</b> 12:45Knitting and Crocheting Club	<b>30</b> Continental Breakfast / Socialization 9:30-Level Three Fitness Class 10:00-1:00- Corner Cabinet 10:30- Level Two Fitness Class 10:30 Bible Study 10:30- French 10:30- Quilting Club 11:30 – Level One Fitness Class <b>NOON-Lunch</b> 12:45 Rumikub	

## JUNE 2022 MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u> 1	<u>THURSDAY</u> - 2	<u>FRIDAY</u> - 3
<b><i>MENUS ARE ALWAYS SUBJECT TO CHANGE. PLEASE RESERVE TEN DAYS IN ADVANCE!</i></b>		ROASTED TURKEY SPECIAL With SWISS CHEESE & THOUSAND ISLAND DRESSING. COLESLAW, CARROT RAISIN SALAD & HONEY DEW	MEATLOAF W/ GRAVY, MASHED POTATOES, GREENED BEANS, ROLL AND APPLESAUCE	CHEESEBURGER W/ LETTUCE & TOMATO SLICE. SWEET POTATO FRIES, BAKED BEANS. FRESH ORANGE SLICES
<b>CHICKEN CORDON 6</b> <b>BLUE</b> MIXED VEGGIE BROWN RICE ROLL FRUIT SALAD	<b>GARLIC &amp; HERB BAKED 7</b> TILAPIA EGG NOODLES & CARROTS ANGEL FOOD CAKE & STRAWBERRIES W/ WHIPPED TOPPING	<b>COUNTRY FRIED STEAK 8</b> MASHED POTATOES BROCCOLI ROLL FRUITED JELLO	<b>ROASTED TURKEY W/ GRAVY 9</b> STUFFING CRANBERRY SAUSE WINTER BLEND VEGGIE CANTALOUPE	<b>PENNE PASTA W/ 10</b> MEATBALLS ROMAINE SALAD SUGAR COOKIES
<b>CHICKEN MARSALLA 13</b> OVEN ROASTED POTATOES GREEN BEANS BANANA PUDDING	<b>CHICKEN LO MEIN 14</b> BLEND OF VEGGIE SLICES VEG EGG ROLL FORTUNE COOKIE	<b>CHICKEN CACCIATORE 15</b> PENNE PASTA TUSCAN VEGGIE BLEND	<b>OPEN FACED ROAST 16</b> BEEF SANDWICH MASHED POTATOES VEGGIES PEARS	<b>PULLED BBQ TURKEY 17</b> OVEN BAKED FRIES MIXED VEGGIES SUGAR COOKIES
<b>CHICKEN MARSALLA 20</b> OVEN ROASTED POTATOES GREEN BEANS BANANA PUDDING	<b>OVEN ROASTED CHICKEN 21</b> ALFREDO NOODLES WINTER BLEND NOODLES PEACH CRISP	<b>CHOPPED STEAK 22</b> W/ MUSHROOM GRAVY SCALLOPED POTATOES BOSTON CRÈME PIE	<b>SAUSAGE PEPPERS &amp; ONIONS 23</b> ROMANO BLEND VEGGIES OATMEAL RAISIN COOKIES	<b>SWEDISH MEATBALLS 24</b> GRAVY EGG NOODLES BABY CARROTS WATERMELLON
<b>PEPPER STEAK 27</b> PEPPERS & ONIONS PEAS BROWN RICE VANILLA ICE CREAM	<b>CHICKEN PESTO PENNE 28</b> PASTA ITALIAN GREEN BEANS ORANGE SLICES	<b>CHEF SALAD 29</b> HAM, TURKEY, CHEDDAR, VEGGIES. MANDARIN ORANGES	<b>FISH PATTY 30</b> SANDWICH POTATO SALAD GREEN BEANS CHOCOLATE CHIP COOKIE	





SINCE MARCH of 2020, our VOLUNTEERS AND STAFF HAVE DISTRIBUTED  
**260,000+** MEALS!!!!  
THANK YOU TO ALL OUR PARTNERS & FUNDERS!



## JUNE 2022 BIRTHDAYS

### **1- June**

Elisa Vargas  
Hildegard Weiser

### **2- June**

Annamarie Corrigan  
Antonia Spena

### **3- June**

Robert Huntoon  
Joyce O'Brien

### **4- June**

Edward Laukes

### **5- June**

Carol Money  
Joyce Nagata  
Anthony Bullotta  
Margaretta Lipscomb

### **6- June**

Emily Beck  
Deborah Tanksley-Brown  
Peter Hebble

### **7- June**

David Marsh  
Stanley Petersen  
Dennis Arias

### **8- June**

Elizabeth Mojzes  
LeRoy Goldsmith  
Joanna Mercer

### **9- June**

Frank Calzaretta  
Stella John  
Harold Borkowski  
Michael Kirchling

### **10 – June**

Edward Carney  
Patricia Damiri  
Kevin Maggs

### **11- June**

Clair Brooks

### **12- June**

C.N. Broadbelt  
Charles Popelak  
Don Eill  
Dianne Donato  
Mary Anne Newman

### **13- June**

Carla Grigsby  
Antoinette Schorn

### **14- June**

Elizabeth Gincley  
Mary Albarell  
John Rickenbach

### **15- June**

Paul Bozarth  
Robert McCarter  
Linda Wise

### **16- June**

Gail Franz  
Dick Palmquist  
Eva Foster  
Deirdre Johnson  
Lillian Cohen  
Evelyn Griste  
Kusum Misser

### **17- June**

Joseph Resko  
William Whelan  
Marguerite Fratoni  
Don Kirkpatrick  
Harry Chen

### **18- June**

Marjorie McDonald  
Caroline Dow  
Michael Benesta  
Judith Gariano  
Constance Worth

### **19- June**

Alfred Miller  
Jan Karney

### **20- June**

Charlotte Loughrey  
Joan Godlewski

### **21- June**

Ernestine Richardson  
Alice Casner  
Kay Ricker  
Anna Marie Burnett

### **22-June**

Eugene Gomolka

### **24-June**

Kurt Fehrle  
John Keslick  
Uma Venkatesalu  
Thomas Lewis  
Laura Bell  
Antoinette Bell

### **25-June**

Jean Romano  
Mary Scaperotto

### **26-June**

Peggy Pillard  
Bernita Saar  
Rosemary Sullivan

### **27- June**

Gertrude Kelly  
Libby Parry

### **28- June**

Ann Messina  
Margaret Gale  
Carrie Wood-Campbell

### **29-June**

Francenia Canion  
Ray Euler  
Naomi Miller

### **30-June**

Etheldreda Cassidy  
Nancy Reid  
John Crisanti  
William Evans  
William Johnston



# THANKS TO ALL OF OUR SENIOR EMERGENCY FOOD PROGRAM SUPPORTERS



**FOX & ROACH  
CHARITIES**

**PENN MEDICINE**



United Way  
of Chester County

**"GIANT" TOM  
DARLINGTON**

**SHARON GRANT  
JOE DENOFIO**

**JOE & SYLVIA  
HARTMAN**

**CHURCH OF THE  
LOVING  
SHEPHERD**

**PETER & KATHE  
MORRIS**

**JOE FERNANDES**

**KATIE O'ROURKE**

**LORETTA  
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ARC OF CHESTER COUNTY  
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BRIAN WARD  
CONNIE & BILL AMEND  
ANDREA NAPOLI OF KELLER WILLIAMS BRANDYWINE VALLEY  
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HALEY MAHR  
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HOXIE HARRISON SMITH FOUNDATION  
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SENIOR HELPERS  
ST. ELIZABETH PARISH  
S&T BANK  
TERRI PENNINGTON  
PETER CLARK KITCHEN  
BETTY STRODE  
GAIL TANZOLA- SEYMOUR  
VENERABLE  
AISLIN VOGT  
VOGT FAMILY  
WAWA  
WCASC BOARD OF DIRECTORS  
WCU RESOURCE PANTRY  
WCU FRIARS & ABBEYS  
WHITFORD INSURANCE NETWORK, INC.  
W.W. SMITH CHARITABLE TRUST

WEST CHESTER AREA  
SENIOR CENTER

530 East Union Street West Chester, PA 19382

Phone (610) 431-4242

Fax (610) 429-9296

Check us out on the web! [www.wcseniors.org](http://www.wcseniors.org)

*Enriching the lives of our senior neighbors through friendship,  
education, activities, and nourishment*

*Non-Profit  
Organization  
US Postage Paid  
Permit # 77*

United Way Member Agency



## **2021-2022 BOARD MEMBERS**

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**Elizabeth Facciolo**  
**Stacey L. Fuller Esq.**  
**Joseph P. Hartman- President**  
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**Albert ("Bud") C. Jackson, Jr**  
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**Loretta Rokke**  
**Christopher Turner, Esq.**  
**Jennifer Wierman**  
**Greg Zeller-Secretary**

## **WEST CHESTER AREA SENIOR CENTER**

*The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin.*

*The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1800-732-0999. Registration does not imply endorsement.*

