



Enriching the lives of our senior neighbors through friendship, activities, education, and nourishment.

DECEMBER 2023 NEWSLETTER

- WE SEND A WORLD OF THANKS TO ALL OF OUR SPONSORS, AUCTION DONORS, RESTAURANTS & CATERERS, VOLUNTEERS, ATTENDEES & BOARD OF DIRECTORS for your most generous support of our 2023 "CASINO NIGHT". It was a wonderful community celebration that will help us support our seniors through our meal programs, Corner Cabinet Food Distribution, and many other programs & activities! SEE INSIDE FOR PHOTOS & OUR SPONSOR THANKS!
- So many AWESOME PROGRAMS planned for you this month! See PG. 5 for:
 Our monthly Speaker Series and announcements for all kinds of <u>F-U-N</u> like:
 COOKIE BAKING, GINGERBREAD HOUSE DECORATING CONTEST, and even a HOLIDAY DOOR DECORATING CONTEST!
- HOLIDAY CLOSURES: WCASC will be CLOSED on Mon. & Tues., December 25-26, and we'll re-open on Wed., December 27. We'll also be CLOSED for New Year's Day on Mon., Jan. 1, 2024, and will re-open for the 2024 New Year on Tues., Jan. 2, 2024.
 HAPPY HOLIDAYS TO ALL OF OUR MEMBERS, VOLUNTEERS, & FRIENDS!!!



Please join the West Chester Area Senior Center in celebrating the Holiday Season!

Wednesday, December 20th From 10:00-1:00PM in the Dining Room

West Chester Senior Center Updates

Reminders.....

- Beth Anne Keats will be here on Wednesday,
 December 13th from 9-1 selling her books in the hallway.
 - Book Club **Tuesday**, December **19**th: *The Award* by Danielle Steel



- Closed Monday & Tuesday December 25th & 26th
- No information on AARP Taxes at this time, can call mid- January to see if we have a schedule.

Technology Assistance Available with Jim Mobile!



To schedule an appointment, call 610-431-4242 x115 or email jimm@wcseniors.org

Availability Monday, Tuesday, & Friday - 12:00-3:00 PM

For over 48 years, the mission of the WCASC has come to life thanks to the generosity of our many friends! As we continue our momentum, we hope you consider varying ways of enriching the lives of our senior neighbors through friendship, activities, education, and nourishment. In the New Year, keep an eye out for information about strategies for making a gift, including:

| Annual Giving | Real Estate |
|--------------------------------|--|
| • Tribute or Memorial Gifts | Donor Advised Funds |
| • Giving from your IRA | Charitable Gift Annuity |
| • Appreciated Securities | • Wills, Living Trusts & Charitable Trusts |

Contact Bernadette Walsh at bernadettew@wcseniors.org or 610-431-4242, ext. 106 for information.

West Chester Senior Center BOOKSTORES

Book Store 1/ Borough

32 N. Church St, West Chester, PA 19380 Monday - Friday 10 am -6pm Saturday - Sunday 11 am-5pm

Book Store 2/Parkway

929 S. High Street, West Chester, PA 19382
This store accepts 2 bags or boxes Tues-Sat
Tuesday – Friday 10:00am-4:00pm
Saturdays 10:00am-3:00pm



December Specials

• Round up...when purchasing a book round up to the nearest whole dollar to donate to the West Chester Area Senior Center.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | 1 FRIDAY |
|--|---|---|---|--|
| DECEMBER PROGRAMS & ACTIVITIES | **EVERYDAY 9-3** Puzzles & games Computer lab Reading café | | | Continental Breakfast /Socialization 10:30- Friday Fun Fitness 10:30 Jenga 11:00- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |
| 4 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30- Level One Fitness Class NOON- Lunch 12:00 - 3:00 - Tech & Assist 12:30- Holiday baking cookies w/Abbe's | 5 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:15 - Stretching & Strengthening 10:30 - Beginners Spanish Class 10:30 - 12:30 - ENTACC Hearing Clinic 11:00- Gingerbread Houses 11:00- Volumetrics NOON - Lunch 12:00-3:00 - Tech & Assist. 12:30-How Home Healthcare can prevent hospital admissions | 6 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00-1:00 Corner Cabinet 10:00- German Klub 10:30 - Level Two Fitness Class 10:30 - Bingo 11:30 - Level One Fitness Class NOON - Lunch All day - Holiday Door Decorating 12:45 - Knitting and Crocheting Club 1:00- Parkinson Support | 7 Continental Breakfast / Socialization 9:30- Cardio Interval Fitness Class 10:30 - Level Two Fitness Class 11:30 - Level One Fitness Class NOON- Lunch 12:00- Miss Amazing 12:30- WCU Nutrition Program 12:45- Mahjong | 8 Continental Breakfast /Socialization 10:30- Friday Fun Fitness 10:30 Jenga 11:00- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |
| 11 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30- Level One Fitness Class NOON- Lunch 12:00 – 3:00 - Tech & Assist 12:30- Presentation on Fall Risks | 12 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:00- Kinetic PT Functional Fitness Screening 10:30 - Beginners Spanish Class 11:00- Volumetrics NOON- Lunch 12:00-3:00 Tech & Assist. | 13 Continental Breakfast / Socialization 9:00-11:00 Beth Anne Keats: Train Books 9:30 - Level Three Fitness Class 10:00 -1:00 - Corner Cabinet 10:00- German Klub 10:30 - Level Two Fitness Class/Bingo 11:30 - Level One Fitness Class NOON- Lunch 12:30- Medicare 101 w/ Bud Nestler 12:45 - Knitting and Crocheting Club | 14 Continental Breakfast / Socialization 9:30- Bible Study 9:30 - Cardio Interval Fitness Class 10-12 Senator Comitta Outreach 10:30 - Level Two Fitness Class 11:30- Level One Fitness Class NOON- Lunch 12:30-Literacy Library 12:45- Mahjong | 15 Continental Breakfast / Socialization 10:30- Friday Fun Fitness 10:30- Jenga 11:00- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |
| 18 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Bingo 10:30 - Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech & Assist 12:30- Housing Partnership of Chester County: Ken Hutton | 19 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:15- Stretching & Strengthening 10:30 - Beginners Spanish Class 11:00- Volumetrics 11:15- Book Club NOON- Lunch 12:00-3:00 Tech & Assist | 20 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00-1:00 - Corner Cabinet 10-12 State Rep Pielli's Office and CVIM and WEGO Police Q&A 10:00 German Klub 10:30 - Level Two Fitness Class 10:30- Bingo 11:30 - Level One Fitness Class NOON- Lunch/Holiday Palooza Grateful Alive & Ice Cream Social 12:45 Knitting and Crocheting | 21 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30 - Level Two Fitness Class 11:30- Level One Fitness Class NOON- Lunch 12:45- Mahjong | Continental Breakfast /Socialization 10:30 - Friday Fun Fitness 10:30 Jenga 11:00- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |
| 25 CLOSED FOR THE HOLIDAY | CLOSED (No Corner Cabinet Wednesday 12/27) | 27 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00 German Klub 10:30 - Level Two Fitness Class 10:30 - Bingo 11:30 - Level One Fitness Class NOON- Lunch 12:45 Knitting and Crocheting | 28 Continental Breakfast / Socialization 9:30-Cardio Interval Fitness Class 10:30- Level Two Fitness Class 11:30 Level One Fitness Class NOON – Lunch 12:45- Mahjong | 29 Continental Breakfast /Socialization 10:30- Friday Fun Fitness 10:30 Jenga 11:00- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| *Milk served with lunch daily | | | | 1 Chicken Cheesesteak Potatoes Vegetable Soup Pineapples |
| Furkey Ham & Swiss on Wheat Coleslaw Fomato Soup Peaches | Chicken Salad Hoagie Mandarin Oranges Cream of Broccoli Soup Cookies Jell-O | 6 Baked Ziti Romain Salad Garlic Bread Pears | 7 Salisbury Steak w/Gravy Buttered Egg Noodles Green Beans Dinner Roll Mandarin Oranges Jell-O | 8 Breakfast for lunch French Toast Scrambled Eggs Sausage |
| L Pizza /egetable Soup Fruit Cocktail | 12 Beef & Broccoli Teriyaki Glaze Brown Rice Broccoli Mandarin Oranges | Roast Turkey Sweet potatoes Brussel Sprouts Applesauce Wheat Roll | 14 General Tso Chicken Oriental Blend Veg Brown Rice Egg Roll Mandarin Oranges | 15 Sweet N Sour Meatballs Egg Noodles Carrots Fruit Salad Wheat Roll |
| 18 Beef Cheesesteaks Roasted Potatoes Vanilla Pudding | 19 Tuna Platter Vegetable Soup | 20 Holiday Palooza: Chicken Scalloped Potatoes Grean Beans Biscuit Fruit Cup Happy Birthday | 21 Turkey Divan Broccoli | 22 Crispy Chicken Sandwich Sweet Potatoes |
| CLOSED for the Holiday | 26 CLOSED | Scalloped Potatoes Grean Beans Biscuit Fruit Cup 27 Shrimp Scampi Brussel Sprouts Garlic Knots Lemon Pudding | 28 Apple Honey Glazed Pork Loin Brown Rice Collard Greens Minestrone Soup Cookies | 29 Roast Beef Au Jus Potato Wedges Winter Blend Veg Fruit Crisp Applesauce |

DECEMBER SPEAKER SERIES 12:30 (UNLESS NOTED BELOW) DINING ROOM

TUESDAY, DEC 5: "How Home Healthcare Can PREVENT HOSPITAL ADMISSIONS"

ENTACC HEARING SCREENING**** (10:30-12:30) ****

THURSDAY, DEC 7: WCU NUTRITION PROGRAM

MONDAY, DEC 11: "FALL RISKS" COMFORT CARE

TUESDAY DEC 12: "FUNCTIONAL FITNESS TESTING" (SIGN UP ON CLIPBOARD) KINETIC PT **(10:00-11:00) **

WEDNESDAY DEC 13: "MEDICARE 101" BUD NESTLER

THURSDAY, DEC 14: "LITERACY LIBRARY"

MONDAY, DEC 18: "Housing Partnerships"
Ken Hutton

HOLIDAY FUN

(SIGN UP ON CLIPBOARDS)

MONDAY DEC 4: COOKIE BAKING

TUESDAY DEC 5: GINGERBREAD HOUSE DECORATING

WEDNESDAY DEC 6: DOOR DECORATING

WEDNESDAY DEC 20: HOLIDAY PALOOZA, PLEASE JOIN US IN CELBRATING THE HOLIDAY SEASON FROM 10:00-1:00PM

VOLUMETRICS

DEPT. OF AGING NUTRITIONIST, BARBARA MYERS
****TUESDAYS DEC 5 - DEC 19 ****
11:00-12:00

THANK YOU to our many generous sponsors, our Board of Directors, our staff team, and – most especially – our hard-working Casino Night Committee and the many other volunteers who helped us host this fun event that raised funds to support our thousands of seniors we serve each year!









Thank you to our generous Sponsors!

2023 CASINO NIGHT

PLATINUM SPONSORS



GOLD SPONSORS

The Leppert Family Jeff & Kathy Rachel, Rebecca, Emma

Rosanne Facciolo-Serendipity Farm In Memory of Mary C. & Frank Facciolo

SILVER SPONSORS





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MacElree H











BJ Montgomery Discovery Foundation





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Bob & Claire Misko



Elizabeth Facciolo Guest Financial Services

Loretta Rokke & Kim Boerema

Elisabeth & Kurtis Erikson

Bernadette Walsh



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Comfort with Care

Joseph & Geralyn Esworthy

The McGrory Family





The Arc of Chester County
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530 E Union St West Chester, PA 19382

Phone (610) 431-4242

Check us out at: www.wcseniors.org

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Non-Profit Organization US Postage Paid Permit # 77 West Chester, PA

United Way Member Agency











WEST CHESTER AREA SENIOR CENTER

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The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex, or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills, and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1800-732-0999. Registration does not imply endorsement.

