

DECEMBER



*Enriching the lives of our senior
neighbors through friendship,
activities, education, and nourishment.*

December 2024
NEWSLETTER

Exciting News from WCASC!



The West Chester Area Senior Center (WCASC) is excited to welcome Kim Andrews as Interim Executive Director starting November 5th. Kim brings a wealth of nonprofit leadership experience, most recently leading The Fund for Women and Girls in Chester County. Her expertise in community-centered leadership and organizational development will be invaluable in guiding the center through this transition. The WCASC Board of Directors is dedicated to a transparent, inclusive approach as they search for a permanent executive director who will build upon our mission to enrich the lives of seniors through friendship, education, and support. Your insights as part of our community are essential and we'll be talking to you to find out how we can best serve you. We look forward to working together to shape this next chapter for WCASC. Please join us in welcoming Kim as we continue this important journey together!

West Chester Senior Center Updates

Reminders....

WCASC will be closed:

- December 25th & 26th for the holiday
 - Wednesday, January 1st for New Years Day
- HAPPY HOLIDAYS TO ALL OUR MEMBERS, VOLUNTEERS & FRIENDS!!**
- The return of **Cookie Baking, HOLIDAY DOOR DECORATING, Ornament Making, and Gingerbread House Building.** See Pg.3&5 for more information.
 - **Check out Festive Fridays** at 12:30pm to get you in the spirit of the holidays!
 - **No Tech and Assist Appointments:** Dec. 24th & 31st.
 - **WINTER FEST** featuring students performing a dance to **THE GRINCH, a harpist, and much more** on Wednesday, December 11th starting at 9:30am!
 - Sign up on the clipboard to bring a side, main or dessert for 8-10 people for our holiday potluck lunch.
 - **HOLIDAY PALOOZA**, come hear Grateful Alive band play and special guest appearance from Santa himself on Wednesday, December 18th!



THRIVING TOGETHER, THANKS TO YEAR-END GIFTS!

December's calendar is overflowing with festive activities! Make a gift during your December visit to the Center or go to: wcseniors.org/how-to-make-a-gift/

Thank you for helping us thrive together!
For additional info, contact Bernadette Walsh, Director of Development: bernadettew@wcseniors.org
610-431-4242, ext. 106.

WEST CHESTER AREA SENIOR CENTER
530 E. UNION STREET
WEST CHESTER, PA 19382



Technology Assistance Available with Jim Mobile!



To schedule an appointment,
call 610-431-4242 x105 or email
assistant@wcseniors.org

Availability Monday, Tuesday, & Friday
12:00-3:00 PM

West Chester Senior Center BOOKSTORES

Book Store 1/ Borough

Phone #: 610-692-6756

32 N. Church St, West Chester, PA 19380

Monday - Friday 10 am -6pm

Saturday - Sunday 10 am-3pm



Book Store 2/ Parkway Center

Phone #: 484-947-5792 (NEW PHONE #)

929 S. High Street, West Chester, PA 19382

This store accepts 2 bags or boxes Tues-Sat

Tuesday – Wednesday 10:00am-3:00pm

Thursday – Friday 10:00am- 4:00pm

Saturdays 10:00am-2:00pm



CLOSED Sundays & Mondays

December Specials

- See in store for great gift ideas!

| 2 MONDAY | 3 TUESDAY | 4 WEDNESDAY | 5 THURSDAY | 6 FRIDAY |
|--|---|---|---|---|
| Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00 – 3:00 - Tech & Assist | Continental Breakfast /Socialization HOLIDAY DOOR DECORATING 9:30 - Cardio Interval Fitness Class 10:30- Stretch & Strengthening 10:30-12:15- ENTACC Hearing Clinic 11:15-12:00- Chair Yoga NOON – Lunch 12:00-3:00 - Tech & Assist 12:15-1:00 Mat Yoga 1:30- Chi Walking to Fitness Demo | Continental Breakfast/ Socialization 9:30 - Level Three Fitness Class 10:00-1:00 Corner Cabinet 10:00- German Klub 10:30 - Level Two Fitness Class 10:30 – Bingo 11:30 - Level One Fitness Class NOON – Lunch 12:45 - Knitting and Crocheting Club 1:00- Parkinson Support Holiday Party | Continental Breakfast /Socialization 9:30- Cardio Interval Fitness Class 10:30 - Level Two Fitness Class 10:30- French Class 11:30 - Level One Fitness Class NOON- Lunch 12:45- Mahjong | FESTIVE FRIDAY Continental Breakfast /Socialization 9:45-10:30- “Team” Word Games 10:30- Friday Fun Fitness 10:30 Jenga 11:00- 11:30- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist 12:30- Cookie Baking 1:00- Chi Walking to Fitness Demo |
| 9 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00 – 3:00 - Tech & Assist 12:30- Gingerbread House Building | 10 Continental Breakfast /Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretch & Strengthening 11:15-12:00- Chair Yoga NOON – Lunch 12:00-3:00 - Tech & Assist 12:15-1:00 Mat Yoga 1:30- Chi Walking to Fitness Demo | 11 Continental Breakfast/ Socialization 9:30 – 1:30- WINTER FEST: Kids perform Grinch Dance, Harpist/Water Bowls and Potluck Lunch 10:00-1:00 Corner Cabinet NOON – Holiday Potluck Lunch 12:45 - Knitting and Crocheting Club | 12 Continental Breakfast /Socialization 9:30- Cardio Interval Fitness Class 10-12- Senator Comitta Outreach 10:30 - Level Two Fitness Class 10:30- French Class 11:30 - Level One Fitness Class NOON- Lunch 12:30- Salsa Dancing 12:45- Mahjong | 13 FESTIVE FRIDAY Continental Breakfast /Socialization 9:45-10:30- “Team” Word Games 10:30- Friday Fun Fitness 10:30 Jenga 11:00- 11:30- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist 12:30- Cookie Exchange w/ Hot Chocolate Bar |
| 16 Continental Breakfast /Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech & Assist 12:30- Holiday Crafts | 17 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretch & Strengthening 11:15-12:00- Chair Yoga 11:15- Book Club NOON- Lunch 12:00-3:00 Tech & Assist 12:30- Miss Amazing Holiday Dance | 18 Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00-1:00- HOLIDAY PALOOZA 10:00 -1:00 - Corner Cabinet 10-12- State Rep Pielli’s Office 10:00- German Klub 10:30 - Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class NOON- Birthday Lunch 12:45 - Knitting and Crocheting Club | 19 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30 – Level Two Fitness Class 10:30- French Class 11:00- Aging in Place Sharing/Support Group 11:30- Level One Fitness Class NOON- Lunch Cookie Baking with Lenny 12:45- Mahjong | 20 FESTIVE FRIDAY Continental Breakfast / Socialization 9:45-10:30- “Team” Word Games 10:30- Friday Fun Fitness 10:30- Jenga 11:00- 11:30- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist 12:30- Holiday Sing Along 1:00- Chi Walking to Fitness Demo |
| 23 Continental Breakfast /Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech & Assist | 24 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretching & Strengthening NOON- Lunch | 25 CLOSED for the Holiday  | 26 CLOSED for the Holiday  | 27 Continental Breakfast /Socialization 9:45-10:30- “Team” Word Games 10:30- Friday Fun Fitness 10:30- Jenga 11:00- 11:30- Brain Aerobics 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech & Assist |
| 30 Continental Breakfast /Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo & Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech & Assist | 31 Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretching & Strengthening NOON- Lunch | DECEMBER PROGRAMS & ACTIVITIES | | **EVERYDAY 9-3** Puzzles & games Computer lab Reading café **Schedules are subject to change |

DECEMBER LUNCH SCHEDULE

| | | | | |
|---|---|---|--|--|
| MONDAY 2 Salisbury Steak w/ Gravy Green Beans Egg Noodles Whole Grain Dinner Roll Jell-O | TUESDAY 3 Chicken Marsala Sweet Potatoes Green Beans Chicken Noodle Soup Pears | WEDNESDAY 4 Baked Ziti Salad Pears Garlic Bread | THURSDAY 5 Roast Beef au jus Potato Wedges Winter Blend Vegetables Applesauce Whole Grain Dinner Roll | FRIDAY 6 Chef Salad Tomato Soup Peaches |
| 9 Chicken Cacciatore Tuscan Vegetables Mandarin Oranges Brown Rice Whole Wheat Dinner Roll | 10 Swedish Meatballs Carrots Fruit Salad Egg Noodles Whole Wheat Dinner Roll | 11 Holiday Potluck Lunch | 12 Roast Turkey Sweet Potatoes Brussel Sprouts Peaches Whole Grain Dinner Roll | 13 Chicken Salad Hoagie Cream of Broccoli Soup Oatmeal Raisin Cookie |
| 16 Open Faced Roast Beef Sandwich Potatoes Carrots Mandarin Oranges Vanilla Pudding | 17 Chicken Kiev Vegetable Beef Soup Broccoli Egg Noodles Oatmeal Raisin Cookie | 18 Meatloaf Salad Chicken Vegetable Soup Pears | 19 Pork Loin Scalloped Potatoes Spinach Peaches Biscuit | 20 Chicken Bruschetta Green Beans Tropical Fruit Brown Rice Garlic Knot |
| 23 Tilapia Winter Blend Vegetables Fruit Cocktail Brown Rice Whole Wheat Dinner Roll | 24 Pizza | 25 CLOSED for the Holiday  | 26 CLOSED for Holiday  | 27 Shrimp Scampi Brussel Sprouts Garlic Knot Lemon Pudding |
| 30 Chicken Parmesan Tuscan Vegetables Mandarin Oranges Penne Pasta Whole Wheat Dinner Roll | 31 Beef and Broccoli Edamame Applesauce Brown Rice Whole Wheat Dinner Roll | | **Please reserve 10 days in advance! ** | *Milk served with lunch daily* Menus are always subject to change. |

THINGS TO KNOW

SPEAKER SERIES

TUESDAY, DECEMBER 3RD @ 10:30AM-12:30PM: ENTACC CLINIC

@ 11:15AM-12:15PM: CHAIR YOGA

@ 12:15PM-1:00PM: MAT YOGA

TUESDAY, DECEMBER 3RD & 10TH @ 1:30PM: CHI WALKING

FRIDAY, DECEMBER 6TH & 20TH @ 1:00PM: CHI WALKING

TUESDAY, DECEMBER 10TH @ 11:15AM-12:15PM: CHAIR YOGA

@ 12:15PM-1:00PM: MAT YOGA

WEDNESDAY, DECEMBER 11TH @ 9:30AM-1:30PM: WINTER FEST

THURSDAY, DECEMBER 12TH @ 12:30PM: SALSA DANCING

MONDAY, DECEMBER 16TH @ 12:30PM: HOLIDAY CRAFTS

TUESDAY, DECEMBER 17TH @ 10:00AM: KINETIC PT ON ARTHRITIS

@ 11:15AM-12:00PM: CHAIR YOGA

@ 12:30PM: MRS. AMAZING DANCE

WEDNESDAY, DECEMBER 18TH @ 10:00AM-12:00PM: HOLIDAY PALOOZA

THURSDAY, DECEMBER 19TH: COOKIE BAKING WITH LENNY

FESTIVE FRIDAYS @ 12:30PM: COOKIE BAKING, COOKIE EXCHANGE W/ HOT CHOCOLATE BAR, AND HOLIDAY SING ALONG

HOLIDAY FUN!!

TUES, DEC 3

FRI, DEC 6

MON, DEC 9

DOOR DECORATING

COOKIE BAKING

GINGERBREAD HOUSES

WED, DEC 11

WINTERFEST

GRINCH DANCE PROD.

POTLUCK

HARPIST/WATERBOWLS

FRI, DEC 13

COOKIE EXCHANGE

HOT CHOCOLATE BAR

MON, DEC 16

HOLIDAY CRAFTS

TUES, DEC 17

MISS AMAZING/ DANCE

WED, DEC 18

HOLIDAY PALOOZA

THURS, DEC 19

BAKING WITH LENNY

FRI, DEC 20

HOLIDAY SING-A-LONG

Winter Storm Advisory:

The WCASC will be closed due to weather conditions in accordance with the West Chester Area School District at <https://www.wcasd.net>. If the schools are closed or open late, the WCASC will be closed & there will be no Chesco Connect Services. Please tune to your local TV Station for a list of school closings. Also, check our Facebook page for updates!



CASINO NIGHT 2024



♠ ♥ ♣ ♦
THANK YOU!

YOUR GIFTS OF TIME & RESOURCES MADE IT
POSSIBLE TO BRING IN MORE THAN \$90,000
TO ENERGIZE OUR MISSION THROUGH
"CASINO NIGHT!"

"ENRICHING THE LIVES OF OUR SENIOR
NEIGHBORS THROUGH FRIENDSHIP,
ACTIVITIES, EDUCATION & NOURISHMENT!"

WE LOOK FORWARD TO SHARING OUR PLANS
TO CELEBRATE OUR 50TH YEAR OF SERVICE
IN THE COMMUNITY!



WCASC HIGHLIGHTS



Our seniors created "thinking of you" crafts with Andrea. Thank you, Andrea, for your unique and beautiful take on cards, especially with the holidays coming up!



We were thrilled to welcome Mr. Ken Brier (right), a Director of the *Hoxie Harrison Smith Foundation*! Mr. Brier spent time getting to know Interim Executive Director Kim Andrews (left) during his visit. While touring the Center, Ken immediately recognized long-time friend Richard Merion (second from left). What a wonderful day to celebrate new and long-time friendships. Thank you, Mr. Brier and the Hoxie Harrison Smith Foundation, for your thoughtful and generous support of the West Chester Area Senior Center!



Thank you, Venerable Team, for giving your time to help distribute the fixings for a Thanksgiving meal to our members through our Corner Cabinet Food Distribution Program!

We appreciate you!

WEST CHESTER AREA SENIOR CENTER

530 E Union St
West Chester, PA
19382

Phone (610) 431-4242

Check us out at:

www.wcseniors.org

*Enriching the lives of our senior neighbors through
friendship, activities, education, and nourishment.*

Non-Profit
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West Chester, PA

United Way Member Agency



WEST CHESTER AREA SENIOR CENTER

2024-2025 BOARD MEMBERS

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The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex, or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills, and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1800-732-0999. Registration does not imply endorsement.

