



*Enriching the lives of our senior neighbors through friendship, activities, education, and nourishment.*

February 2025  
NEWSLETTER

**Tax Season Help, 50th Anniversary Acts of Service, and More  
Stay Warm and Stay Connected!**

**A Message from Interim Executive Director Kim Andrews**

Last month, we hosted a successful town hall meeting with staff, members, and board members to share ideas and discuss the future of the West Chester Area Senior Center. Thank you to everyone who participated! As we celebrate our 50th anniversary, we're launching our "50 Acts of Service" initiative to give back and honor our community. Get involved, invite your friends to learn about the Center, and help spread the word. With new programs and ideas on the way, 2025 will be a year of growth and celebration!



**WCASC's 50 Acts of Service Initiative  
Begins with a Thank You to First Responders!**

In celebration of our 50th Anniversary, West Chester Area Senior Center's 50 Acts of Service initiative seeks to enrich the lives of those in our community just like the community has been enriching the lives of our members over the last 50 years.

On January 22, volunteers from Venerable joined our members at the Center to write thank-you notes to first responders—police, firefighters, EMTs, paramedics, healthcare professionals, dispatchers, and others who risk their own lives to keep us safe.

One note reads, "I immensely thank you for working on holidays when everyone else is with their family. You are not forgotten. We think about you every day!"

Venerable's willingness to help recognize the many first responders who rush to fires, floods, accidents, and medical and public health emergencies was no surprise! Our small staff depends on community partners to bring our mission to life. Venerable volunteers can often be found at the Center, assisting with food distribution and other activities.

Thank you, first responders!

## West Chester Senior Center Updates

### Reminders....

State Representative Chris Pielli and Senator Carolyn Comitta's offices will be at the Center once a month for their Outreach Program. Feb 13<sup>th</sup> for Senator Comitta and Feb 19<sup>th</sup> for Rep Pielli from 10 AM to noon for each office.

PA Medicare APPRISE appointments may be made for Dale McCarter for March 10<sup>th</sup>, or Harry Ting for March 4<sup>th</sup>. Come in and inquire at the front desk for details.

Chesco Connect (Formerly Rover) is available for transporting members to and from the Senior Center. Please call Chesco Connect at **610-344-5545** or visit [www.chesco.org/5325/Community-Transit](http://www.chesco.org/5325/Community-Transit) for more information.

### Technology Assistance Available with Jim Mobile!



To schedule an appointment,  
call 610-431-4242 x105 or email  
[assistant@wcseniors.org](mailto:assistant@wcseniors.org)

*\*Stay tuned for new tech classes coming soon!\**  
Availability Monday, Tuesday, & Friday  
12:00-3:00 PM

### It's WCASC's 50th Anniversary Did You Know...?

*Only 14% of our revenue comes from government grants! The rest comes from foundations, programs, companies, and individuals like you.*

Since 1975, WCASC has helped older adults aged 60 to 100+ thrive!

Despite a modest annual fee of \$48 for individuals and \$68 for couples, WCASC ensures financial barriers do not exclude anyone, waiving fees when necessary.

Last year, 4,600 breakfasts & hot lunches, 700 hours of fitness classes, tens of thousands of free meals, 500+ one-on-one technology support sessions, and much more enriched the lives of our members.

This year, WCASC is welcoming more participants and new members, hiring an Executive Director, elevating the care of the Center, increasing digital literacy for our community, performing 50 Acts of Service, and more!

#### PLEASE SUPPORT OUR WORK!

- Give in person or mail checks to:  
West Chester Area Senior Center; 530 E. Union Street,  
West Chester, PA 19382
- Give online: <https://wcseniors.org/how-to-make-a-gift/>

### West Chester Senior Center Bookstores

#### Second Reading 1 Bookstore 610-692-6756

32 N. Church St, West Chester, PA 19380

Monday - Friday 10 am - 6pm

Saturday - Sunday 10 am - 3pm



#### Second Reading 2 Bookstore PERMANENTLY CLOSING END OF JANUARY

Due to impending Parkway Shopping Center redevelopment

Look for long-time Second Reading 2 bookstore manager Ann Marie Fletcher's new More Than Books Bookstore to open in March at Gay Street Plaza as an independent nonprofit program to benefit the West Chester Food Cupboard. Best of luck to Ann Marie and her stalwart volunteers in this new venture!

<p style="text-align: center;">MONDAY</p> <p style="text-align: center;"><b>FEBRUARY PROGRAMS &amp; ACTIVITIES</b></p>	<p style="text-align: center;">TUESDAY</p> <p style="text-align: center;"><b>**EVERYDAY 9-3**</b> Puzzles &amp; games Computer lab Reading café</p> <p style="text-align: center;"><b>**Schedules are subject to change</b></p>	<p style="text-align: center;">WEDNESDAY</p>	<p style="text-align: center;">THURSDAY</p>	<p style="text-align: center;">FRIDAY</p>
<p><b>3</b> Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo &amp; Current Events 11:30- Level One Fitness Class NOON- Lunch 12:00 – 3:00 - Tech &amp; Assist</p>	<p><b>4</b> Continental Breakfast /Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretch &amp; Strengthening <b>11:00 – Full Range PT on “Falls”</b> NOON – Lunch 12:00-3:00 - Tech &amp; Assist</p>	<p><b>5</b> Continental Breakfast/ Socialization 9:30 - Level Three Fitness Class 10:00-1:00 Corner Cabinet 10:00- German Klub <b>10:00- Villanova Nurses Diabetes Signs &amp; Symptoms</b> 10:30 - Level Two Fitness Class 10:30 – Bingo 11:30 - Level One Fitness Class NOON – Lunch 12:45 - Knitting and Crocheting Club</p>	<p><b>6</b> Continental Breakfast /Socialization 9:30- Cardio Interval Fitness Class 10:30 - Level Two Fitness Class 10:30- French Class 11:30 - Level One Fitness Class NOON- Lunch <b>12:45- Mahjong</b></p>	<p><b>7</b> Continental Breakfast /Socialization <b>9:45-10:30- “Team” Word Games</b> 10:30- Friday Fun Fitness 10:30- Jenga <b>11:00- 11:30- Brain Aerobics</b> 11:30- Level One Fitness Class NOON- Lunch <b>12:30- Chi Walking Demonstration</b> 12:00-3:00- Tech &amp; Assist</p>
<p><b>10</b> Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo &amp; Current Events 11:30- Level One Fitness Class NOON- Lunch <b>12:30- Valentines Crafts w/Shannon</b> 12:00 – 3:00 - Tech &amp; Assist</p>	<p><b>11</b> Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30-Stretch &amp; Strengthening <b>11:15- Yoga w/Nora</b> NOON- Lunch 12:00-3:00 Tech &amp; Assist</p>	<p><b>12</b> Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00 -1:00 - Corner Cabinet 10:00- German Klub <b>10:00- Gut Microbiome w/Villanova Nurses</b> 10:30 - Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class NOON- Lunch 12:45 - Knitting and Crocheting Club</p>	<p><b>13</b> Continental Breakfast / Socialization <b>9:30- Bible Study</b> 9:30 - Cardio Interval Fitness Class <b>10-12- Senator Comitta Outreach</b> 10:30 – Level Two Fitness Class 10:30- French Class 11:00- Pre-Diabetes Nutrition Dept of Aging 11:30- Level One Fitness Class NOON- Lunch <b>12:45- Mahjong</b></p>	<p><b>14</b> Continental Breakfast / Socialization <b>9:45-10:30- “Team” Word Games</b> 10:30- Friday Fun Fitness 10:30- Jenga <b>11:00- Salsa w/Dee</b> <b>11:00- 11:30- Brain Aerobics</b> 11:30- Level One Fitness Class NOON- Lunch <b>12:30- Valentine Game Arbor Terrace</b> 12:00-3:00- Tech &amp; Assist</p>
<p><b>17</b>Continental Breakfast /Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo &amp; Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech &amp; Assist</p>	<p><b>18</b> Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretching &amp; Strengthening <b>11:15- Book Club</b> <b>11:15- Yoga w/Nora</b> NOON- Lunch 12:00-3:00 Tech &amp; Assist</p>	<p><b>19</b> Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00-1:00 – Corner Cabinet <b>10-12- State Rep Pielli’s Office</b> 10:00 German Klub 10:30 - Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class <b>NOON- Birthday Lunch</b> <b>12:30- Cornhole Tournament</b> 12:45- Knitting and Crocheting</p>	<p><b>20</b> Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30 – Level Two Fitness Class 10:30- French Class <b>11:00- Aging in Place Sharing/Support Group</b> 11:30- Level One Fitness Class NOON- Lunch <b>12:45-Mahjong</b></p>	<p><b>21</b> Continental Breakfast /Socialization <b>9:45-10:30- “Team” Word Games</b> 10:30- Friday Fun Fitness 10:30- Jenga <b>11:00- 11:30- Brain Aerobics</b> 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech &amp; Assist</p>
<p><b>24</b> Continental Breakfast /Socialization 9:30 - Level Three Fitness Class 10:30 - Level Two Fitness Class 10:30 - Bingo &amp; Current Events 11:30 - Level One Fitness Class NOON- Lunch 12:00-3:00 Tech &amp; Assist</p>	<p><b>25</b> Continental Breakfast / Socialization 9:30 - Cardio Interval Fitness Class 10:30- Stretching &amp; Strengthening <b>10:30- Spanish Open House</b> <b>11:15- Yoga</b> NOON- Lunch <b>12:30- Zumba Gold Class</b> 12:00-3:00 Tech &amp; Assist</p>	<p><b>26</b> Continental Breakfast / Socialization 9:30 - Level Three Fitness Class 10:00-1:00 – Corner Cabinet 10:00 German Klub <b>10:00- Villanova UTI Prevention</b> 10:30 - Level Two Fitness Class 10:30- Bingo 11:30- Level One Fitness Class NOON- Lunch 12:45- Knitting and Crocheting <b>1:00- Parkinson Support</b></p>	<p><b>27</b> Continental Breakfast /Socialization <b>9:30- Bible Study</b> 9:30- Cardio Interval Fitness Class 10:30 - Level Two Fitness Class 10:30- French Class <b>11:00- Home Care vs Non-Medical Home Care</b> 11:30 - Level One Fitness Class NOON- Lunch <b>12:45- Mahjong</b></p>	<p><b>28</b> Continental Breakfast /Socialization <b>9:45-10:30- “Team” Word Games</b> 10:30- Friday Fun Fitness 10:30- Jenga <b>11:00- 11:30- Brain Aerobics</b> 11:30- Level One Fitness Class NOON- Lunch 12:00-3:00- Tech &amp; Assist</p>

## FEBRUARY LUNCH SCHEDULE

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>**Please reserve 10 days in advance! **</b>	*Milk served with lunch daily* Menus are always subject to change.			
<b>3</b> <b>Swedish Meatballs</b> Carrots Egg Noodles Fruit Salad Whole Wheat Dinner Roll	<b>4</b> <b>Roast Turkey</b> Sweet Potatoes Brussels Sprouts Peaches Whole Grain Dinner Roll	<b>5</b> <b>Chicken Salad</b> Cream of Broccoli Soup Oatmeal Raisin Cookie	<b>6</b> <b>Baked Ziti</b> Salad Pears Garlic Bread	<b>7</b> <b>Chef Salad</b> Tomato Soup Peaches
<b>10</b> <b>Spaghetti w/Meat Sauce</b> Garlic Bread Applesauce	<b>11</b> <b>Chicken Marsala</b> Sweet Potatoes Green Beans Chicken Noodle Soup Pears	<b>12</b> <b>Tilapia</b> Winter Blend Veggies Fruit Cocktail Brown Rice Whole Wheat Dinner Roll	<b>13</b> <b>Meatloaf</b> Salad Chicken Vegetable Soup Pears	<b>14</b> <b>Open Faced Roast Beef Sandwich</b> Potatoes Carrots Vanilla Pudding
<b>17</b> <b>Chicken Kiev</b> Vegetable Beef Soup Broccoli Egg Noodles Oatmeal Rasin Cookie	<b>18</b> <b>Chicken Bruschetta</b> Green Beans Tropical Fruit Brown Rice Garlic Knot	<b>19</b> <b>Salisbury Steak w/Gravy</b> Green Beans Egg Noodles Whole Grain Dinner Roll Jell-O 	<b>20</b> <b>Shrimp Scampi</b> Brussels Sprouts Garlic Knot Lemon Pudding	<b>21</b> <b>Pizza</b> Tuscan Blend Vegetables Fruit Cocktail
<b>24</b> <b>Chicken Parmesan Tuscan Vegetables</b> Mandarin Oranges Penne Pasta Whole Wheat Dinner Roll	<b>25</b> <b>Chicken and Broccoli</b> Edamame Applesauce Brown Rice Whole Wheat Dinner Roll	<b>26</b> <b>Breakfast for Lunch</b> Pancakes Sausages Eggs	<b>27</b> <b>Pork Loin</b> Scalloped Potatoes Spinach Peaches Biscuit	<b>28</b> <b>Grilled Cheese and Tomato Soup</b>





## FEBRUARY SPEAKER SERIES

TUESDAY, FEBRUARY 4<sup>TH</sup> @ 11:00AM: FULL RANGE PT ON "FALLS"

WEDNESDAY, FEBRUARY 5<sup>TH</sup> @ 10:00AM: VILLANOVA NURSES DIABETES SIGNS & SYMPTOMS

FRIDAY, FEBRUARY 7<sup>TH</sup> @ 12:30PM: CHI WALKING DEMONSTRATION

MONDAY, FEBRUARY 10<sup>TH</sup> @ 12:30PM: VALENTINES CRAFTS WITH SHANNON

TUESDAY, FEBRUARY 11<sup>TH</sup>, 18<sup>TH</sup>, 25<sup>TH</sup> @ 11:15AM: YOGA

25<sup>TH</sup> @ 10:30AM: SPANISH OPEN HOUSE

25<sup>TH</sup> @ 12:30PM: ZUMBA GOLD CLASS

WEDNESDAY, FEBRUARY 12<sup>TH</sup> @ 10:00AM: GUT MICROBIOME WITH VILLANOVA NURSES

FRIDAY, FEBRUARY 14<sup>TH</sup> @ 11:00AM: SALSA WITH DEE

@ 12:30PM: VALENTINES GAME WITH ARBOR TERRACE'S

SAMANTHA

WEDNESDAY, FEBRUARY 19<sup>TH</sup> @ 12:00 BIRTHDAY LUNCH

@ 12:30PM: CORNHOLE TOURNAMENT

WEDNESDAY, FEBRUARY 26<sup>TH</sup> @ 10:00AM: VILLANOVA UTI PREVENTION

@ 1:00PM: PARKINSONS SUPPORT

THURSDAY, FEBRUARY 27<sup>TH</sup> @ 11:00AM: HOME CARE VS NON-MEDICAL HOME CARE

## MORNINGS AT THE CENTER

MONDAY-FRIDAY 9:30-12:00 - Fitness Classes

MONDAY MORNINGS 10:30 - Current Events

TUESDAY MORNINGS 10:30 - Spanish Class

WEDNESDAY MORNINGS 10:30 - German Klub

THURSDAY MORNINGS 10:30 - French Club

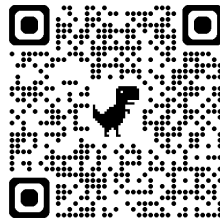
MONDAY, TUESDAY, & FRIDAY 12:00-3:00 - Technology Assistance (Appointment Necessary) Contact: [jimm@wcseniors.org](mailto:jimm@wcseniors.org) or 610-431-4242 x115

## **WINTRY WEATHER-RELATED CLOSURES**

If the West Chester Area School District is delayed or closed due to wintry weather conditions, then the West Chester Senior Center will also be closed, and there will be no Chesco Connect service available. In the event we are closed, we will post on our Facebook page as soon as we are able. Also, you can check the School District website. ([www.wsasd.net](http://www.wsasd.net))

## **FREE TAX PREP AT THE SENIOR CENTER!**

Scan this QR code with your phone for the link to schedule an appointment.



***Taxes will be done Feb 10 - April 3<sup>rd</sup> on Mondays, Tuesdays & Thursdays***

Scheduling is **ONLY** for 21 days out.

Procedures to sign up to have your taxes done:

- 1) Scan URL code above with your cell phone (it will take you to the site)
- 2) Select West Chester Area Senior Center location (second option), tap "Book"
- 3) Chose day of week and AM or PM
- 4) Select date and time, tap select and continue
- 5) Fill out: name, cell phone number, and email address
- 6) Answer the two tax related questions directly below that section
- 7) Tap "Confirm appointment"

\*\*\*\*\* You will receive a confirmation on your cell phone and/or in email.



# WCASC HIGHLIGHTS

An extra special “Thank you” to Henderson HS Orchestra for your thoughtful gift card donations distributed by community members of all ages. With gratitude.



Our members joining in with Venerable volunteers to write thank you letters to our local first responders as our very first of 50 Acts of Service this year. Thank you for your service!

Ryan and Julie from State Representative Chris Pielli’s office at their monthly visit to our Center. They are available the third Wednesday of every month and offer information and guidance to assist our members. Welcome! We’re delighted to host our representative and their staff.



**WEST CHESTER AREA  
SENIOR CENTER**

530 E Union St  
West Chester, PA  
19382

Phone (610) 431-4242

Check us out at:  
[www.wcseniors.org](http://www.wcseniors.org)

*Enriching the lives of our senior neighbors through  
friendship, activities, education, and nourishment.*

*Non-Profit  
Organization  
US Postage Paid  
Permit # 77  
West Chester, PA*

United Way Member Agency



## WEST CHESTER AREA SENIOR CENTER

### **2024-2025 BOARD MEMBERS**

**Alessandra Bellwoar- Secretary**  
**Jess Declat**  
**Lee Ann Embrey**  
**Elizabeth Facciolo- Vice President**  
**Stacey L. Fuller, Esq.- President**  
**Mickey Hall**  
**Kerry Hewson**

**Natalie Drury Howell**  
**Tim Jefferis**  
**Dave Mauer**  
**Alissa McGrory, Esq.**  
**Andrea Napoli**  
**Andrea Pettine, Esquire**  
**Loretta Rokke**  
**Chris Sullivan**

*The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex, or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills, and bequests. All contributions are tax deductible to the extent allowed by law. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll-free (within PA) 1800-732-0999. Registration does not imply endorsement.*

